



## CONFIDENTIAL INFORMATION FORM

Yoga | Massage

alix@yoma.pro  
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Name : \_\_\_\_\_ Date : \_\_\_\_\_

Phone : \_\_\_\_\_ E-mail : \_\_\_\_\_

Address : \_\_\_\_\_

Date of birth : \_\_\_\_\_ Occupation : \_\_\_\_\_

Recommended by : \_\_\_\_\_

Emergency contact : \_\_\_\_\_

Are you currently on medication ? \_\_\_\_\_

Identify any specific situations:

Surgery: \_\_\_\_\_ spine problems: \_\_\_\_\_ back pain/neck pain: \_\_\_\_\_ osteoporosis: \_\_\_\_\_

hernia: \_\_\_\_\_ fractures/ligaments: \_\_\_\_\_ osteoarthritis: \_\_\_\_\_ contact lens wear: \_\_\_\_\_

hypo/arterial hypertension: \_\_\_\_\_ heart disease: \_\_\_\_\_ pregnancy: \_\_\_\_\_ constipation: \_\_\_\_\_

diarrhea: \_\_\_\_\_ other: \_\_\_\_\_

Notes: \_\_\_\_\_

### Client Consent and Agreement | Please read and sign below :

- It is agreed that:
  - ▶ massage and yoga are relaxation and wellness techniques, totally safe
  - ▶ massage and yoga do not have the direct purpose of treating illnesses, injuries or mental disorders
  - ▶ the diagnosis and treatment of my possible health problems are exclusively the competence of doctors or other persons authorised to practice acts of care
  - ▶ in case of illness or injury, a medical visit is strongly advised to diagnose and treat it
  - ▶ massage and yoga is strictly non-sexual. In exceptional circumstances, both parties reserve the right to terminate the session immediately.
- 10 course subscriptions are valid for 4 months.
- In case of cancellation within 24 hours, the session is counted and invoiced. No refund is taken into account, except for a health problem and under presentation of a medical certificate.
- I declare that I fully understand the meaning of all the preceding paragraphs. Consequently, I release Mrs Alix GACHES from any responsibility in case of deterioration of my state of health during or after the sessions.

Place, date and signature: \_\_\_\_\_